

# WinterSpring Center Transforming Grief and Loss

## VOLUNTEER & PROFESSIONAL TRAINING

## TRANSFORMING GRIEF & LOSS

October 22nd & 23rd, 2011



An experiential weekend workshop, five evening sessions and 2 experiential/observation sessions totaling 30 hrs for prospective volunteers and professionals working with those that are grieving.

*An intensive experience designed to assist the individual to delve deeper into their own personal understanding of grief and the skills required to assist others in processing their grief.*

- Explore the naturally transformative nature of grief and discover how we become stuck and what can free us.
- Learn how to be present, with an open heart while listening to a grieving person.
- Experience the beauty and empowerment that multi-cultural ritual and ceremony brings to the mourning process.
- Build on theory and skill development through the examination of challenges and complications such as suicide and homicide.
- Learn how to support children, teens and their families on their grief journey.
- Discover how to play and laugh more often.

*If you are interested in personal growth, healing self and supporting others from an open heart then this is for you.*

**When:** October 22nd & 23rd, 9:00-5:00 plus 4 evening sessions

**CEU:** 3 CEU's on completion of 30 hours, additional \$25.00 per person

**Training fee:** \$225.00

**Call 552-0620 or email [office@winterspring.org](mailto:office@winterspring.org) for more information**

